



Har Ghar Sudhindra Phalodhyan

Cultivating a Sustainable Future



One Tree, One Home, One Community



Sudhindra Charitable Trust

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Welcome to “Har Ghar Sudhindra Phalodhyan,” a pioneering endeavor aimed at fostering sustainable living practices and environmental stewardship within the Gowda Saraswath Brahmin Samaj community. Inspired by the visionary leadership of Param Poojaneeya Shrimad Samyamidra Thirtha Swamy, Mathadhipathy of Shree Kashi Math Samsathan, Varanasi, this project is a heartfelt tribute to the revered Guru Param Poojaneeya Shrimad Sudhindra Thirtha Swamy on his momentous birth centenary celebration in 2025.



Objectives

At the heart of “Har Ghar Sudhindra Phalodhyan” lies a profound commitment to:

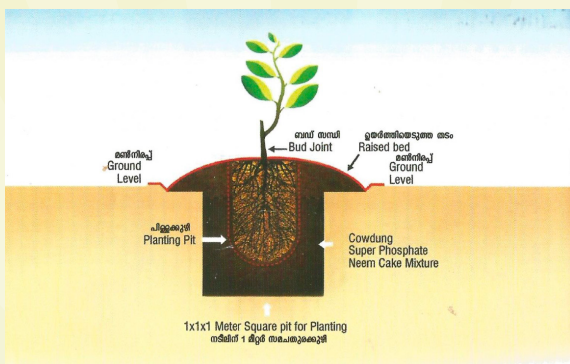
1. **Enhancing Green Cover:** By planting 1 lakh saplings of diverse fruit-bearing trees in every household, office premises, factory premises, temple land, and beyond, we aspire to transform our surroundings into vibrant, sustainable ecosystems.
2. **Promoting Sustainability:** Through education, advocacy, and collective action, we seek to cultivate a culture of environmental consciousness, responsible stewardship, and sustainable living practices.
3. **Fostering Community Spirit:** “Har Ghar Sudhindra Phalodhyan” serves as a rallying cry for unity, collaboration, and shared responsibility, harnessing the collective strength of our community to address pressing environmental challenges.

Implementation Plan

Comprehensive Distribution: A meticulously curated selection of fruit tree saplings, ranging from mangoes and bananas to guavas and papayas, will be distributed to participating households, offices, factories, and temple lands, ensuring diversity and widespread adoption.



Planting Method



1. Take a square pit with a length, breadth, and depth of 3x3x3 feet.
2. Thoroughly mix 20 kilograms of dried cow dung or compost with one kilogram each of rock phosphate and neem cake while filling the pit with the top soil.
3. Ensure that the pit is filled in such a way that the top portion of it is kept like a hemispherical mound above ground level.
4. Take a small pit for planting in the middle of this raised bed.
5. Sprinkle a handful of cow dung-rock phosphate mixture into this pit.
6. Carefully cut and remove the polybag without disturbing the clod of soil with the plant.
7. Insert the plant along with the mass of soil into the planting pit and tighten the soil from around towards the plant.
8. See to it that the bud joint of the plant remains above the soil level.
9. Sufficient irrigation is necessary until the onset of the monsoon throughout the initial months after planting.
10. No lapse in irrigation may be allowed during the summer months.
11. Cut off the terminal shoot at 4 feet above ground level once the plant attains a height of 6-7

Benefits

1. **Environmental Preservation:** By significantly augmenting green cover, sequestering carbon, and enhancing biodiversity, “Har Ghar Sudhindra Phalodhyan” contributes to mitigating climate change, improving air quality, and safeguarding our precious natural heritage.
2. **Economic Empowerment:** Through the cultivation of fruit-bearing trees, participants gain access to a sustainable source of income, reduce their reliance on external markets, and stimulate local economies, thereby fostering resilience and self-sufficiency.
3. **Health and Well-being:** The abundant harvests of fresh, nutritious fruits not only promote physical health and well-being but also foster a deeper sense of connection to nature, enhance mental wellness, and cultivate a profound appreciation for the interconnectedness of all life.

Get Involved

Whether you're a homeowner with a backyard garden, a business owner with ample space for greenery, a community leader with a vision for positive change, or an environmental enthusiast eager to make a difference, there are countless ways to get involved in “Har Ghar Sudhindra Phalodhyan.” Join us in sowing the seeds of sustainability, nurturing the growth of future generations, and cultivating a legacy of environmental stewardship that transcends borders and generations.

